

Advert

Children and Young People Psychological Therapies Training

Interpersonal Psychotherapy for Adolescents (IPT-A)

Commences January 2027

Bromley Y is a long-established charity based in Bromley that works alongside from Children, Young People, their families and/or carers as well as partner agencies to offer Mental Health and Emotional Wellbeing Services based on the principles of IThrive.

Bromley Y seeks a highly motivated and enthusiastic mental health worker to work and train within our service. This is an exciting opportunity for a CYP Psychological Trainings Therapy Trainee (IPT) to join our team as part of the NHS England (NHSE) funded Children and Young People (CYP) Psychological Training Programmes. The training post will equip the post-holder to provide evidenced based interventions for children, young people or families using IPT-A. The post holder will work with people from various cultural backgrounds, ages and ability, using interpreters when necessary and should be committed to equity, diversity and inclusion.

This government-funded initiative promotes the growth of the child mental health workforce to meet much needed demand. To help reach this goal, NHSE covers salary and training costs for a 1-year full-time post, allowing services to employ trainees to help implement new & expand existing specialist pathways to bridge the gaps in CYP mental health support. This is a unique opportunity to apply your learning from weekly teaching into practical clinical interventions, working with clients in the service making a direct impact in the lives of children, young people and their families. You will need to balance a demanding course with self-study and clinical work.

This full-time training will begin in January 2027 with around 2.5 days a week for academic work (teaching and personal study), and 2.5 days based at the service seeing clients related to training assignments. Trainees will be both an employee of the service and an enrolled student with Anna Freud/ University College London (UCL). Upon completion, qualified trainees will receive a UCL Postgraduate Diploma.

About the role

- ☐ Role: CYP – Psychological Therapies Trainee
- ☐ Salary banding: FTE is £35414.99 per annum to £43983.1395 per annum *dependent on experience*.
- Working pattern: 2.5 days Anna Freud/UCL University attendance, 2.5 days a week in service
 - ☐ Working Hours: 37.5 hours per week.
 - ☐ Contract: Fixed Term Contract: 12 months January 2027 to December 2027 (anticipated course completion)
 - ☐ Location: Hybrid model

Application Process

This is a dual application process. In addition to applying for this position with us, you must also complete a UCL application for the Course Team to review. The Course Team will liaise with us on whether you meet the academic requirements for the course during the recruitment process. You will only be offered a CCL training place if you are successful in securing this post and you meet the university training requirements (such as academic background, relevant experience, visa approval).

Please read the [application guidance and course brochure](#) for full information and instructions on how to apply and what to include in your application. You can also watch this introductory video.

- Any queries about the course i.e. teaching/content can be sent to the course programme team (UCL).
- Any queries about employment at Bromley Y can be sent to human resources team hr@bromleyy.org.
- Please note the position will be based at Bromley Y, 17 Ethelbert Road Bromley BR1 1 JA and the successful candidate will be expected to travel to Anna Freud, Rodney Street, London N1 9JH for teaching during this training year.

The right candidate

The ideal candidate(s) must have:

- Experience, knowledge and understanding of Bromley, its children, young people and families.
- Core profession such as a registered social worker.
- A minimum of 2 years' experience of working with children and young people.
- Ability to balance academic course requirements, self- study and a clinical case load.
- Excellent communication skills and teamwork focused.

Please review the additional documents for more information on the role, person specification other employment documents.

The closing date for applications is 9th October 2026.

Information about how to apply to Bromley Y

To apply please send your CV and a covering letter explaining how and why you are suited to the role together with your salary expectations and notice period to hr@bromleyy.org by **17.00 hours on 9 October 2026**. Please be advised that we reserve the right to close this vacancy early (in line with business organisational needs and if we receive sufficient applications for the role). Please note that due to the volume of applications that we receive, if you do not hear from us, you have unfortunately not been shortlisted on this occasion.

There will be a first and second stage interview process. The second stage will also involve an assessment. The First Stage Telephone or Teams Interview will take place on 16 October 2026 the second stage interview process will take place in 23 – 30 October 2026.

If you have any questions before applying, then please email them to us: hr@bromleyy.org.

The Rewards for joining us:

- Good competitive salary
- Comprehensive induction
- Hybrid working pattern.
- Holiday entitlement of 25 days per annum, plus bank holidays (pro rata for part time)
- A wellbeing day (half day for part time)
- Support via our Employee Assistance Programme
- Generous organisation sick pay
- Contributory Pension scheme
- The successful candidate will be supported in their professional development.
- Attending organisation events such as Away Days
- Cycle to work scheme.
- Blue Light Card
- Being part of a dynamic, creative and innovative team where all staff are empowered to achieve their very best.
- Work for an Award-winning organisation.
- Be part of a diverse, inclusive, collaborative and supportive working environment that places quality, Diversity and Inclusion (EDI) at the heart of its business strategy.

Bromley Y works continuously towards Equality of Opportunity. We particularly welcome applicants from disabled and Black and Minority Ethnic Communities. Whilst we have a diverse team, and we are committed to encouraging candidates from diverse communities to apply in order to continually improve the services we provide to young people and their families.

We are committed to the safeguarding of children and require the successful applicant to undertake a check from the Disclosure and Barring Service.

By submitting an application, you are consenting to Bromley Y HR team securely holding and processing your personal data. You retain the right to have your information deleted in line with current UK GDPR legislation. As you also apply for a training course that is delivered by Anna Freud /

University College London, your data may be shared with them for the purpose of processing your application (shortlisting) and enrolling you onto this Programme.

A copy of our privacy statement is located on our organisation's website.